

Raytheon



MISSION:HEALTH

PUT YOUR HEALTH ON THE RADAR.



In support of Raytheon's Mission: Health, Eurest delivers a comprehensive approach to improving your life through healthier food choices!

Eurest is committed to offering healthy foods that meet the latest nutrition standards developed by our leading chefs and dietitians that are better for you and our planet.

Look for meals and snacks with the Mission: Health logo for some of the best choices in your dining centers, vending machines and on catering menus. Or visit our Balance website for healthful recipes to make at home.



Do you know that your dining center sets standards on the nutritional value and sustainability of your food?

All milk is free of artificial **rBGH (recombinant bovine growth hormone)**, a genetically engineered growth hormone that is fed to dairy cows to increase production of milk.

Use only **sustainable seafood**, meaning that the seafood is harvested in ways that protects the environment, produces little waste, and protects the long-term vitality of the species.

Serve **cage free eggs**, which ensures hens have the ability to walk around, spread their wings, and lay eggs in their nest. As opposed to battery cages where the hens do not have these options, and are deprived from their natural behaviors.

Source **local products**. Local produce is picked at the peak of freshness and doesn't travel far to reach your cafeteria. Eating local foods helps to support farmers and your community.

Providing **nutritious foods** is another part of your dining center's goal. These practices include eliminating trans fat and proving 0g trans fat products, reducing saturated fat, reducing sodium, reducing added sugars, reducing artificial colors and flavors, increasing whole grain selections, and increasing fruit and vegetable offerings.

Are you interested in purchasing local and sustainable food items for your home?

Visit <http://www.localharvest.org/> or <http://search.ams.usda.gov/farmersmarkets/default.aspx> to find organic and sustainably farmed foods in your area throughout the country! Here you can find farms, farmers markets, restaurants, grocery stores, and other locations where you can purchase local and sustainable food items.

*Products, specifically produce may vary by season and location at Farmers Markets.